## AL-ANON MEETINGS - COLUMBIA ROOM

| Friday | 6:00pm | Welcome: Lois's Story |
| :--- | :--- | :--- |
| Saturday | 2:00pm | Al-Anon: Dispelling the Myths |
|  | 4:00pm | Newcomer Meeting: You're Not Alone! |
| Sunday | 9:00am | The Gratitude of Having Fellowship |

* All meetings are Open Discussion Meetings


## PARKING INFORMATION

Newport Gateway Parking- Long Wharf Mall (Limited Spaces) Marriott Valet Parking- America's Cup Avenue- $\$ 25$ per night 8 free handicap parking spots with valid placard




Feburary 10-12, 2023 | Newport, RI
at the Marriot Hotel of Newport 25 America's Cup Avenue, Newport, RI 02840

This is a non-smoking event. Ashtrays are located outside AWAY from the doors. Look for signs for designated smoking areas.
Spanish translation is available during the Main Meetings and is located to the left of the stage.

La traducción al español está disponible durante las Reuniones Principales y se encuentra a la izquierda del escenario.

Please wear your convention name tag at all events.

## REGISTRATION OPENS AT 3:00PM

Please visit the registration desk

## HOSPITALITY SUITE - $7^{\text {TH }}$ FLOOR, ROOM 738

(will be closed 15 minutes before \& during all speaker meetings)

| Friday | $3: 00-7: 45 \mathrm{pm}$ | $10: 00-11: 30 \mathrm{pm}$ |
| :--- | :--- | :--- |
| Saturday | $6: 00-1: 00 \mathrm{pm}$ | $2: 30-7: 45 \mathrm{pm}$ |
|  | $10: 00-11: 30 \mathrm{pm}$ |  |
| Sunday | $6: 00-9: 45 \mathrm{am}$ |  |

## BEVERAGE ROOM - WEATHERLY ROOM

| Friday | All Day: | 3:00-11:30pm |
| :--- | :--- | :--- |
| Saturday | All day: | 6:30am-11:30pm |



## ATRIUM

6:00-7:30pm Dinner

## SALON I-IV

8:00pm Opening AA Speaker- Amy D.- Louisville, KY
10:00pm Comedy Show

## ENTERPRISE ROOM- MARATHON MEETINGS

3:00pm I Don't Run the Show (Daily Reflection)
4:00pm Define Sober
5:00pm Admission of Powerlessness
6:00pm Born to Run: Avoidance
7:00pm Emotional Sobriety: The Next Frontier (Grapevine)
8:00pm Now that I am not drinking, am I free?
9:00pm I don't mean to be judgmental, BUT...
10:00pm THE Victim Mentality
11:00pm Pain and Progress
12:00am Attitude of Gratitude

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## ATRIUM

| 7:00-8:30am | Breakfast* $^{*}$ <br> 12:00-1:00pm <br> 6:00-7:30pm |
| :--- | :--- |
|  | Luncheon Buffet $^{*}$ <br> Dinner* |
| SALON I-IV |  |
|  |  |
| 7:00am | Yoga $^{* *}$ |
| 8:30am | Meditation ** |
| 10:15am | Al-Anon Speaker |
|  | -Miguel C- Hamden, CT |
| 1:15pm | AA Speaker Meeting |
|  | -Jimmy A - Spring Lake, NJ |
| 2:45pm | Long-timers/Newcomers Panel |
| 4:30pm | Play |
| 8:00pm | AA Speaker Meeting |
|  | -Don L- Bellingham, WA |
| 10:00pm | Comedy Show |

## ENTERPRISE ROOM- MARATHON MEETINGS

7:00am
8:00am The Limits of Self-Reliance (Daily Reflection)
9:00am Emotional Sobriety: The Next Frontier (Grapevine)
10:00am Don't' Piss on Today
11:00am The Pink Cloud \& Constant Vigilance
12:00pm Developing and remaining humble on the journey
1:00pm Anxiety - Who Me?
2:00pm What is a Spiritual Experience Anyway?
3:00pm We Cannot Stand Still
4:00pm Lack of Power was our Dilemma
5:00pm Quieting the Mind
6:00pm Emotional Sobriety: The Next Frontier (Grapevine)
7:00pm Fear an Evil Corroding Thread

## MARATHON MEETINGS-CONTINUED

8:00pm Hitting Bottom in Sobriety
9:00pm Wrong Doing of Others Fancied or Real
10:00pm Can't get Sober Playing the Victim
11:00pm Conceded to our Innermost Self- Powerlessness
of Short-Comings (Steps 6 \& 7)
12:00am The Value of Working with Others

## COURAGEOUS ROOM- AREA 61 SERVICE

 COMMITTEES- SATURDAY MEETINGS9:00am Treatment/Accessibilities Committee
10:00am Archives/Grapevine Committee
11:00am Corrections Committee
12:00pm ISC Committee (Information Services Committee)
1:00pm CPC/PI (Cooperation with the Professional Community/Public information)
2:15pm Grapevine Committee
3:30pm RISCYPAA (Rhode Island Service Committee of Young People in AA)

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## ATRIUM

7:00-8:30am Breakfast*
SALON I-IV

| 7:00am | Yoga ** |
| :--- | :--- |
| 8:30am | Spiritual Meeting |
| 10:00am | AA Speaker Meeting- |
|  | -Marion M - Boca Raton, FL |

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[^0]:    *Meals provided by the hotel require pre-registration (ticketed event)
    ** Meditation Meeting - please be on time. Doors close at 8:30 am. Bring your yoga mats for Yoga sessions (optional).

